



COMUNE DI POLLICA



SAPIENZA
UNIVERSITÀ DI ROMA



UC San Diego
HEALTH SYSTEM



Waltraut Bergmann Stiftung
Berlin (Germany)

September 4, 2016

4 Settembre 2016

Capano Castle , Pollica, Salerno, Italy
Castello Capano , Pollica, Salerno, Italia

SYMPOSIUM
SIMPOSIO

**LOOKING FOR HEALTHY AGING:
THE FUTURE OF MEDICINE?**
**ALLA RICERCA DELL' INVECCHIAMENTO IN BUONA SALUTE:
IL FUTURO DELLA MEDICINA?**

9.00 am

WELCOME AND INTRODUCTION

Chairman: Edoardo Cicelyn
Stefano Pisani (Mayor, Municipality of Pollica)
Nicola Ferrara (President of the Italian Society of Geriatrics)
Authorities

9.30 - 10.45 am

CILENTO INITIATIVE ON AGING OUTCOMES (CIAO STUDY)
Preliminary findings from the CIAO Pilot study and presentation of the Study Team
(Paola Antonini, Salvatore Di Somma, Giuseppe Scarano)

IN-DEPTH PRESENTATIONS

ROLE OF GPS IN STUDY CONDUCT
(Giuseppe Scarano)

BLOOD SAMPLES ACQUISITION
(Giovanni D'Arena)

COGNITIVE ASSESSMENT
(Vincenzo Pizza, Serena Lucibello)

WORK SAVED MY LIFE! DISCUSSION UPON THE OUTCOMES OF THE PSYCHOMETRIC ASSESSMENTS IN THE CILENTO LONGEVITY STUDY
(Anna Scelzo)

CARDIOLOGIC ASSESSMENTS
(Rossella Marino)

BIOMARKERS STUDY
(Ute Kilger)

ADHERENCE TO MEDITERRANEAN DIET AND LONGEVITY
(Marianna Rizzo)

CILENTO LONGEVITY AND USE OF LOCAL PLANTS: A POSSIBLE RELATION
(Giuseppe Pastore)

DATABASE DEVELOPMENT
(Paolo Giordano)

11.00 am

HEALTHY AGING AND LONGEVITY: FEATURED RESEARCH
Chairmen: Salvatore di Somma ; David Brenner

11.00 - 11.10 am

INTEGRATED APPROACHES TO HUMAN LONGEVITY RESEARCH: MOTIVATION AND STRATEGIES
(Nicholas J. Schork)

9.00 am

BENVENUTO ED INTRODUZIONE

Moderatore: Edoardo Cicelyn
Stefano Pisani (Sindaco del Comune di Pollica)
Nicola Ferrara (Presidente Società Italiana di Geriatria)
Autorità

9.30 - 10.45 am

CILENTO E INVECCHIAMENTO (STUDIO CIAO)
Risultati Preliminari dello Studio CIAO Pilota e Presentazione del Gruppo di Ricerca
(Paola Antonini, Salvatore Di Somma, Giuseppe Scarano)

PRESENTAZIONI IN DETTAGLIO

RUOLO DEI MEDICI DI FAMIGLIA NELLO STUDIO
(Giuseppe Scarano)

RACCOLTA DEI CAMPIONI DI SANGUE
(Giovanni D'Arena)

VALUTAZIONE DELLO STATO COGNITIVO
(Vincenzo Pizza, Serena Lucibello)

LAVORARE MI HA SALVATO LA VITA! DISCUSSIONE SUI RISULTATI DELLA VALUTAZIONE PSICOMETRICA NELLO STUDIO SULLA LONGEVITÀ NEL CILENTO
(Anna Scelzo)

VALUTAZIONE CARDIOLOGICA
(Rossella Marino)

STUDIO SUI BIOMARCATORI
(Ute Kilger)

USO DELLA DIETA MEDITERRANEA E LONGEVITÀ
(Marianna Rizzo)

LA LONGEVITÀ NEL CILENTO E L'USO DI PIANTE LOCALI: UNA POSSIBILE RELAZIONE
(Giuseppe Pastore)

SVILUPPO DEL DATABASE
(Paolo Giordano)

11.00 am

INVECCHIARE IN BUONA SALUTE: LA RICERCA DEL FUTURO
Moderatori: Salvatore di Somma, David Brenner

11.00 - 11.10 am

APPROCCIO INTEGRATO DELLA RICERCA SULLA LONGEVITÀ NELL'UOMO: MOTIVAZIONI E STRATEGIE
(Nicholas J. Schork)

11.10 - 11.20 am

THE MICROBIOME IN DIETARY RESPONSES AND AGING
(Rob Knights)

11.20 - 11.30 am

BLOOD-BASED BIOMARKERS OF NEURODEGENERATION
(Robert A. Rissman)

11.30 - 11.40 am

ASSESSING COGNITION AND BEHAVIOR IN CENTENARIANS AND
THEIR FAMILY MEMBERS”
(William Kremen, Carol Franz)

11.40 - 11.50 am

BIOMARKERS OF RESILIENCE, WELL-BEING, AND LONGEVITY
(Dilip V. Jeste)

11.50 - 12.00 am

CARDIAC BIOMARKERS IN THE ELDERLY
(Alan Maisel)

12.00 - 12.10 pm

UNDERSTANDING CHEMICAL DIVERSITY AND ITS ROLE IN HUMAN
DISEASE
(Mohit Jain)

12.10 - 12.20 pm

RNA EXPRESSION FOR DETERMINING THE ETIOLOGY AND DIAGNO-
SIS OF STROKE
(W.Frank Peacock)

12.20 - 12.30 pm

MOUSE MODELS OF NASH, GENETIC AND HIGH FAT DIET (WESTERN
DIET)-INDUCED
(Tatiana Kisseleva)

12.30 pm - 13.00pm

PRESENTATION OF LONGEVITY CENTER PROJECT IN ACCIAROLI
PRESENTAZIONE DEL PROGETTO PER IL CENTRO DI RICERCA SULLA
LONGEVITÀ AD ACCIAROLI

PRESS MEETING

13.30 Lunch

11.10 - 11.20 am

IL MICROBIOMA IN RISPOSTA ALL' ALIMENTAZIONE E INVECCHIA-
MENTO
(Rob Knights)

11.20 - 11.30 am

BIOMARCATORI EMATICI DI NEURODEGENERAZIONE
(Robert A. Rissman)

11.30 - 11.40 am

VALUTAZIONE DELLO STATO COGNITIVO ED COMPORTAMENTALE
NEI CENTENARI E NEI LORO FAMILIARI
(William Kremen, Carol Franz)

11.40 - 11.50 am

BIOMARCATORI DI RESISTENZA, BENESSERE E LONGEVITÀ
(Dilip V. Jeste)

11.50 - 12.00 am

BIOMARCATORI CARDIACI NELL'ANZIANO
(Alan Maisel)

12.00 - 12.10 pm

CAPIRE LA DIVERSITÀ CHIMICA ED IL SUO RUOLO NELLE MALATTIE
UMANE
(Mohit Jain)

12.10 - 12.20 pm

ESPRESSIONE DELL'RNA PER DETERMINARE L'EZILOGIA E LA
DIAGNOSI DI ICTUS
(W.Frank Peacock)

12.20 - 12.30 pm

MODELLO SPERIMENTALE MURINO DI NASH, INDOTTO DA FATTORI
GENETICI E DIETA AD ALTO CONTENUTO DI GRASSI
(Tatiana Kisseleva)

12.30 pm - 13.00pm

PRESENTAZIONE DEL PROGETTO PER IL CENTRO DI RICERCA SULLA
LONGEVITÀ AD ACCIAROLI

CONFERENZA STAMPA

13.30 Pranzo

FACULTY MEMBERS

Paola Antonini

Director, Medical & Scientific Affairs - Visufarma, Rome, Italy

Andreas Bergman

Biochemist, CEO Sphingotec GmbH, Germany

David Brenner

Vice Chancellor for Health Sciences Dean, School of Medicine UC San Diego, USA

Giovanni D'Arena

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Salvatore Di Somma

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Software Engineering, ArtProject, Vallo della Lucania, SA, Italy

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Senior Associate Dean for Healthy Aging and Senior Care Estelle and Edgar Levi Chair in Aging - Distinguished Professor of Psychiatry and Neurosciences Director, Sam and Rose Stein Institute for Research on Aging - University of California, San Diego, USA

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Ute Kilger

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Full Professor of Cardiology at UCSD and Director of the Coronary Care Unit and the Heart Failure Program at the San Diego Veterans Affairs Medical Center, USA

Rossella Marino

Researcher, GREAT Italy Network, Italy

Giuseppe Pastore

Secretary MARE MYTHOS Association for culture and science, Member of SHASTA Association for Research and Science, Italy

W. Frank Peacock

Professor, Emergency Medicine Associate Chair and Research Director Baylor College of Medicine Houston, Texas, USA

Vincenzo Pizza

Neurologist, Responsible of the Neurophysiopatology Unit, S. Luca Hospital, Vallo della Lucania, SA, Italy

Robert A. Rissman

Associate Professor of Neurosciences Director, Alzheimer's Disease Cooperative Study Biomarker Core Director, Alzheimer's Disease Research Center Neuropathology Core Director, Neuroplasticity of Aging Training Grant (T32) University of California, San Diego, School of Medicine Research Biologist, VA San Diego Healthcare System (VASDHS), USA

Marianna Rizzo

Biologist and Nutritionist, Medical Center Vallo della Lucania SA, Italy

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Medical Director, Unita' Operativa Prevenzione Collettiva Distretto 70 - Vallo della Lucania, ASL SA, Italy

Anna Scelzo

Psychologist, Mental Health and Addictions Department ASL4 Chiavarese, Genoa, Italy IAEDP (USA), SISDCA (Italy), BPS (GB), SHASTA Association (Italy)

Nicholas J. Schork

Professor and Director, Human Biology, J. Craig Venter Institute, La Jolla, CA - Distinguished Professor, The Translational Genomics Research Institute, Phoenix, AZ, USA - Adjunct Professor, University of California, San Diego, La Jolla, CA, USA

